Pool to Beach Program – Scarborough Beach Pool

Frequently Asked Questions:

Why a Pool to Beach Program?

Beaches and swimming pools are a huge part of the Western Australian lifestyle. Scarborough Beach Pool's iconic beachfront location is the perfect setting for students to learn about controlled and natural open water swimming environments. We believe ensuring your child can swim safely and competently in both environments is vital.

When will the students have lessons at the beach?

Saturday every 2^{d} week of the program, depending on conditions.
Proposed Pool to Beach sessions in **2026** are as follows:

SATURDAY	
17 Jan	Pool
24 Jan	Beach
31 Jan	Pool
7 Feb	Beach
14 Feb	Pool
21 Feb	Beach
28 Feb	Pool
7 March	Beach
14 March	Pool
21 March	Beach
28 March	Pool

**These dates are subject to appropriate beach conditions.*

These are the proposed weeks/days; however, if conditions are not favourable, the beach lessons may be moved to another week, parents and students will be advised by their Instructors and Program Supervisor.
Swimming lessons are not continued on the beach if the conditions are not favourable or if water temperature is low and there is a risk of hypothermia.

For the first pool lesson, during the last 5 minutes of class students, teachers and parents will assemble on deck to discuss muster point, equipment/preparation for the beach lessons.

What if my child has a medical condition?

As in all lessons (pool and beach) supervising staff and instructors must have full knowledge of student's medical conditions.

If special precautions are required and the Swim School is not able to provide the necessary supervision, the parents/guardians must take responsibility for ensuring that safety requirements are met without interference with the swimming class supervision.

What do we need to bring to the beach lessons?

Bathers, water bottle, sunscreen, Hat and towel, all other equipment will be provided by Learn to Swim.

Students will be protected from excessive exposure to sunlight and the resulting sunburn with: Long-sleeved hi vis rash vests (*Provided by Learn to Swim) and Hats. Students are encouraged to apply sunscreen prior to lessons. Learn to Swim will have sunscreen on hand to reapply.
Remember to **Slip** on a shirt, **Slop** on some sunscreen, **Slap** on a hat and **Slide** on some shoes.

What if my child is not a strong enough swimmer to participate in the program?

Students must have passed or be enrolled in RLSSWA Swim and Survive Stage 9 to participate in the program.
If a student's suitability for inclusion in the program is in doubt, instructors will consult the Learn to Swim Senior Officer. The Senior Officer will then contact the student's parent to discuss ability and safety measures.
If students are assessed to be not yet ready, they will be offered an alternative program.

Can I drop my child off and leave?

Parents are expected to remain on the beach for the duration of the lesson. This will provide extra supervision and ensure parents are present in case the child requires assistance. i.e., going to the toilet.

What if my child does not wish to participate in the Pool to Beach Program?

Students are **not** to be pressured by instructors, parents, or peers to participate beyond their readiness.
Instructors will prepare students by talking about the pool to beach program each week.
Parents must play a part in psychological preparation, particularly for students who are anxious about participating.
If a student does not wish to participate on the day, stand with the Supervisor for duration of the lesson (after safety briefing)

There will be alternative programs on offer such as Marlins Squad or Pool Based Level 10-12/13-14 if you choose to withdraw from the Pool to Beach program

What type of activities will students participate in during the Pool to Beach Program?

Students will be guided through a comprehensive safety brief each week, surf negotiation, safety drills, rescues, strokes, fitness drills and survival skills.

Some activities include:

- Run, Swim, Run
- Dive through - under wave
- Surf and Beach Safety
- Survival Swim
- H.E.L.P Position and Group Huddle

Important Information:

Please note this is a TRANSITION program, to educate students about the differences between swimming in controlled environments and natural open water environments. Parents/Guardians are required to remain on the beach during the beach lessons.

There will be no extra certification – Students will still be assessed based on their respective RLSSWA Swim and Survive Level. All instructors are Austswim qualified and Surf Lifesaving volunteers who hold a current Community Surf Lifesaving Bronze Qualification.

As the Stirling Leisure Centres Learn to Swim Program operates on an ongoing membership, after March, students can continue in their pool-based lessons for the same timeslot, move to another day, or request a membership cancellation.